

Chicago's Most Out-Of-Balance Tracts When It Comes To Food Access

Highest Third Concentration of all Tracts



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- | | |
|--------------------|-------------------|
| ■ White | ■ Diverse |
| ■ Asian | ■ Latino |
| ■ African American | □ Not in Grouping |

Lake Michigan

What We Did

Given our foundational premise that the health and vitality of urban communities is a block-by-block phenomenon, our first task is to measure the distance from every City of Chicago block to the nearest grocery store and fast food restaurant. Next, we develop an empirical score to quantify the *balance* of food choice available to residents. Finally, we compare food access and food balance directly to health outcomes, holding constant education, income, and race.

What We Found

Majority African American and majority White communities that have out-of-balance food environments will have **higher rates of residents dying prematurely from diabetes** that are statistically significant, controlling for income, education, and race. **African American communities will be the most likely to experience the greatest total years of life lost from diabetes as a result.** View the full report through a link on our website:

Examining the Impact of Food Deserts on Public Health in Chicago, sponsored by

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